



## MEANINGFULL ENGAGEMENT MARITIME WARRIOR WELLNESS & UPSKILL PACKAGE

<b>Registered Name &amp; ABN</b>	Maritime Warrior	ABN: 21 602 961 446
<b>Website</b>	www.maritimewarrior.org	
<b>Operations Address</b>	Southport Yacht Club, Main Beach Qld, 4217	
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### Mission

We strive to help Military and Emergency Service veteran and their families through wellness and up skill programs to increase self-worth and find purpose again while surrounded by the positive elements of sun, salt air and water.

### Organisation Description

We draw current, ex-Defence, emergency services & charities to the water, so they benefit from a neurochemical release (the feel-good drug) which occurs when in or around the water and the ocean.

Our program is progressive, we have a pathway to peak interest then continue building on positive experiences through healthy, positive, fun and rewarding programs. This can give members an opportunity to start a career in the maritime sector.

Our project's designed to get people on board our commercial yacht to reset & recharge, so they feel alive as they're part of a team again. Sense of team is the understated factor that causes a separation anxiety when a person leaves the services or has to think about a life away from their intended career.

To help draw veterans to the water one of our programs introduce them to boating by conducting boat and personal water craft license courses to help them get active in the elements and further enjoy and share a new skill. Achieving a small goal where one physically sees their achievement being added on their driver's license goes a long way to increase self-worth.

Those wanting to go on further in this positive environment can attain their commercial Crew or Coxswain qualifications. To demonstrate where recreational and formal marine qualifications can lead, we conduct tours of various marine based sites from Qld Govt, Police, Southport Yacht Club, Marine Rescue, fishing fleet to tourism operators such as Seaworld.



# MARITIME WARRIOR

## Charities

We take beneficiaries of over a dozen charities through various activities on our programed charity cruises including fishing, snorkeling, foreshore fossicking, yabby pumping and beach games.

While involved with the project members may have the opportunity to participate in these activities. This opportunity will demonstrate some duties crew on board a tourism operation may perform.

## Director / Lead instructor

Returned combat veteran, Grant Monaghan is never far from fun or the action. Passion for the water started when growing up on the Gold Coast, other kids rode their bikes to school, he drove his tinnie (dinghy), instead of surfing on weekends he went sailing with Navy Cadets.

Grant became an electrician then **Navy Clearance Diver**, later transferred to Army after he was selected to serve in the **SAS**.

Deb (Grants wife) whom both parents were in the RAAF is the business development officer, Deb also worked at Seaworld. She grew up in Penang, Malaysia attending the old RAAF Penang school.

## Why use Maritime Warrior as a Service Provider

Maritime Warrior designed the product specifically for Defence Members. This is a unique package, no other organisation offers this.

The director and trainers at Maritime Warrior are all ex-defence veterans of SAS, Clearance Divers and Infantry from Vietnam to Afghanistan who have an understanding of transitional anxiety. They're duly qualified in the marine industry, experience in the wellness sector, have worked at the Soldier Recovery Centre, Sea World, movie industry, commercial diving, sales, business leadership, construction & resource sectors.

The instructors have respected tentacles reaching deep into the above sectors which opens for positive conversations outside the training itself but still within in a safe and encouraging space.

Maritime Warrior conducts tours of various marine based sites from Qld Govt, Police, Southport Yacht Club, Marine Rescue, fishing fleet to tourism operators such as Seaworld. This is provided to demonstrate where recreational and formal marine qualifications can lead and increase quality of life.

From Day 1 of training we let go lines and start cruising to maximise training & or the experience. All members will be issued with a Sea Log and time will be commence on the 1<sup>st</sup> day.

## Accommodation

Available on the Maritime Warrior yacht if required at a notional cost of \$40p/n, the fee covers marina liveaboard fees. The yacht comes complete with 3x doubles, 2x bulks, gas galley, fridge, shower and toilet. This can be arranged outside the meaningful engagement framework.





# MARITIME WARRIOR

Criteria Checklist as an approved Meaningful Engagement activity ADFRP July 2019 Ref: 46.10		Maritime Warrior Wellness & Upskill program
a	The activity is conducted during normal business hours (8.00-18.00 hours. Monday - Friday	<b>Days:</b> Monday – Friday <b>Time:</b> 08.00 – 15.30hrs
b	The physical and cognitive requirements of the activity are appropriate for the member's current medical restrictions.	Maritime Warrior in consultation with the members Rehab Consultant sets a plan and agrees on the physical & mental health capacity of each member conducting the training.
c	The activity is considered to be low risk to both the member and Defence's reputation. Activities perceived as having a high level of inherent danger such as flying, kite surfing and diving will not be approved.	<b>OHS:</b> Control measures have been implemented to mitigate identified risks; therefore sailing / maritime activities experienced on the training has been rated as a low risk activity.  <b>Reputational Risk:</b> Maritime Warrior is a reputable and respected brand, association with the organisation can be seen as positive and rewarding.
d	The total number of days in the application is at least 5 days but will not run for longer than 12weeks (this can include courses that run for 2-3days with a requirement for follow up work so the total time taken to complete the activity will be a minimum of 5 days	<b>Duration:</b> 5 days continuous.  This package is designed specifically for defence. A flexible pathway is possible to work around members specialist appointment schedule if required. The member or RC's are to co-ordinate with Maritime warrior prior commencement of training.
e	For members on a goal 3 program, transition out of ADF is not within 12 weeks (focus at this point should be transition activities and CTAS related activities)	Maritime Warrior offers training which is suitable under the CTAS model.
f	Total cost of individual ME is no more than \$3500.00	<b>Cost:</b>  \$2500 - Marine Licence and Yachting adventure package. \$3300 - Coxswain level & Yachting adventure package
g	The activity must be supervised.	<b>Face to Face Training</b>  All training is conducted face to face in a practical setting.
	Acceptance of payment by credit card has been confirmed in writing (this does not include PayPal)	<b>Yes:</b> We accept credit card payment. All costs quoted includes the credit card surcharge.

